



WHEELS FOR WELLNESS

Month in Review
January and February 2022

STATISTICS



January 2022

Miles Driven 2,433.5
Volunteer Hours 111
Numbers of Transports 80

February 2022

Miles Driven 2,377.5
Volunteer Hours 102
Numbers of Transports 86

Number of unduplicated clients in 2022: 18

UPCOMING EVENTS

April 3 TABLESCAPES
April 17 Easter

Did you know...

- The first item sold on eBay was a broken laser pointer. Purchased for \$14.83 in 1995 from the founder of eBay, the buyer was well aware he was purchasing a broken pointer.
- Japan is suffering from a ninja shortage despite the fact that they're willing to pay salaries as high as \$85,000 for the performative ninjas willing to staff their annual ninja festival.
- Bubble wrap was originally invented as wallpaper. In 1957 an inventor and engineer sealed two shower curtains with air bubbles inside in an effort to create a textured wallpaper.



Have you ever considered serving on the Board of Directors?

Wheels for Wellness has three open seats on the Board. If this is something you would have interest in learning more about please contact Traci at the WFW office or wheelsforwellness@outlook.com

Your 2022 Board of Directors:

Ann Lamanna, Chair	Karen Shipp, Vice-Chair	Dr. Nelson Isenhower, Treasurer
Patty Taylor, Secretary	Diane Ruckman	Betsy Bellingham
Barbara Morris	Susan Ralls	RoseAnna Fisher
Brittni Athey	Brona Cheek-Tyson	

It's *Tablescapes*' season!

After a two-year hiatus due to the COVID19 pandemic we are happy to be back! If you're not familiar, Tablescapes is an afternoon showcase of creatively and elegantly decorated dining tables and entertaining ideas. The afternoon event also features children themed tables, demonstrations, displays, raffle, door prizes, auction, music, refreshments and more. Trying to create a signature fundraising event that doesn't overlap other non-profits is challenging, as a result, Tablescapes was born in 2015. Each year the event truly has become bigger and better.

Grab some friends and family and join us for this elegant afternoon showcase.

Tickets available online \$25 until April 2 at www.Wheels4Wellness.org , tickets may be purchased at the door for \$30

SUNDAY, APRIL 3, 2022
2-5 P.M.
MILLWOOD STATION EVENTS CENTER





Thank you for taking the time to submit your comments on the recent volunteer survey that went out via email.

A total of 9 responses were received through the survey and all had positive comments, there were no negative comments or issues. A summary and answer to your questions are below.

How do you rate your experience as a volunteer with WFW?

Very well Excellent Really good Great
Rewarding Very positive

Do you feel you are “in the loop” about the organization and all it entails?

Yes, from all responses!

If your answer was no or I’m not sure, what can we do to improve?

...things have improved greatly in the past year with monthly and annual reports and stats...good job of keeping us informed.

Do you read the Month in Review?

Yes, from all responses

If you read the Month in Review, what is most interesting? What would you like to see included?

I like the statistics I like the client stories

How do clients find out about the organization? Are they screened?

*Referrals are typically received from physicians’ offices, nurse navigators, other organizations, health fairs (pre-pandemic), some self-referrals. Each year during grant writing and requesting funding through Valley Health and United Way a set of goals for the year have to be created and later reported on as to the status of that goal. An on-going goal for WFW has been client outreach. Even though WFW has been in service since 2004 there are still many offices and facilities that are unaware of the service. In January 2020 the Board of Directors voted to add the DBA Wheels for Wellness in an effort to become recognized as a **transportation** resource. We regularly received calls for all kinds of things, there was a wide misunderstanding about what we do... people thought we were like CCAP and assisted with rent, clothes, diapers, etc. Educating all of the local doctor’s offices and medical facilities about the program is an on-going project and will be forever.*

When a referral is received from a physician’s office or medical facility we know that they have “pre-screened” the client and identified WFW as the best resource. When applications come into the office they are reviewed and the items that are most looked at and noted are: where the applicant lives, is it within our service area? Income level, however, high income does not exclude them from the service being available to them. Household situation, do they live alone, etc.? How they are currently getting to appointments. An overwhelming number state they have not been going to their appointments due to lack of transportation. Are they ambulatory? Clients are supposed to require little to no assistance with getting into and out of vehicle, into their appointments and back into their home.

Additional comments and questions:

I’d like to see a language translator available for our non-English speaking clients

This is certainly on the list of items to be addressed/resolved this year. Individual hand-held translation devices, a language line and translation apps are all being looked at and will be tested. In 2021, of 83 new client applications received, 29 were Spanish speaking only. I recognize this is an obstacle to which we need a solution.

Mike and Kathy do an EXTREMELY EXCELLENT job of keeping contact with clients and in turn communicating everything to the driver.

I only have one concern, need to know when I would be expected to push a large person in a wheelchair as that is difficult for me.

The answer is never, volunteers are never asked or expected to do anything they do not feel comfortable with or are not physically capable. Volunteers are not trained how to lift an individual, we would never want you to hurt yourself or a client trying. Due to the nature of appointments that many clients are transported to unfortunately we see the decline in health and mobility over time. If you transport any client that you feel is a fall risk, is unable to get into/out of a vehicle with little to no assistance or has any ambulation difficulties please let Mike or Traci know right away. There are other resources available to them such as Shenandoah Area Agency on Aging (SAAA), we will make the appropriate referrals. If at all possible, we will not discontinue service to any individual without other arrangements in place for them.



The CDC continues to revise guidelines regarding COVID19. The situation changes frequently. Cases have been trending downward in our region, (part of this is due to the number of home tests that are performed and not required to be reported anywhere).

At this point, it is up to you as the driver as to what safety precautions you want in place for your transports. If you wear a mask and would like your client to as well that is fine, if you do not wear a mask and are okay with clients doing the same that is fine too.

As of today, on the CDC website, Frederick Co, VA is listed as LOW

Know the COVID-19 Community Level where you live

[COVID-19 Community Levels](#) are a tool to help communities decide what prevention steps to take based on the latest data.

Low

- Wear a mask based on your personal preference, informed by your personal level of risk

This page on the CDC website is helpful, you may quickly and easily search any state or county in the US.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>