



WHEELS FOR WELLNESS

Month in Review

July 2022

STATISTICS



July 2022

Miles Driven 2831.5

Volunteer Hours 131.75

Numbers of Transports 111

Number of Transports in 2022: 856

Number of unduplicated clients in Qtr: 21

New Client Applications received in 2022: 37

New Client Applications approved in 2022: 34

UPCOMING EVENTS

August 11 Winchester City, 1st day of school

August 15 Frederick Co, 1st day of school

August 16 Our Health, Healthy Living Event 10-2

August 17 National Nonprofit Day

September 5 Labor Day

September 20 Our Health, Healthy Living Event 10-2

October 13 Top of VA Triad Senior Resource Fair,
see last page of Month in Review for more information

Did you know...

* Baby Boomers and Generation X are the most active volunteers

*Currently, the United States has around 2 million active nonprofits.

*There are 842 organizations in the greater Winchester metro area. Combined, these Winchester metro nonprofits employ 13,957 people, earn more than \$1 billion in revenue each year.

Winchester, VA–WV MSA includes areas in Virginia and the State of West Virginia.

Hampshire County, West Virginia

Frederick County, Virginia

Independent Cities

City of Winchester, Virginia

Sources:

<https://www.enterpriseappstoday.com/stats/volunteering-statistics.html>

<https://www.causeiq.com/directory/winchester-va-wv-metro/>

https://en.wikipedia.org/wiki/Winchester,_VA%E2%80%93WV_MSA

As of today, on the CDC website, Frederick Co, VA is listed as **HIGH**



● High

In Frederick County, Virginia, community level is High.

- Wear a [mask](#) indoors in public
- Stay [up to date](#) with COVID-19 vaccines
- [Get tested](#) if you have symptoms
- Additional precautions may be needed for people [at high risk for severe illness](#)

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

This page on the CDC website is helpful, you may quickly and easily search any state or county in the US.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

Protocol and Policy coming...

During a recent transport home, a dialysis client began bleeding in a volunteer's car. The patient was returned to Fresenius but not before a significant amount of blood was lost and absorbed into the seat. Since blood is considered hazardous waste finding somewhere to have the car cleaned/sanitized/repared has been quite a challenge.

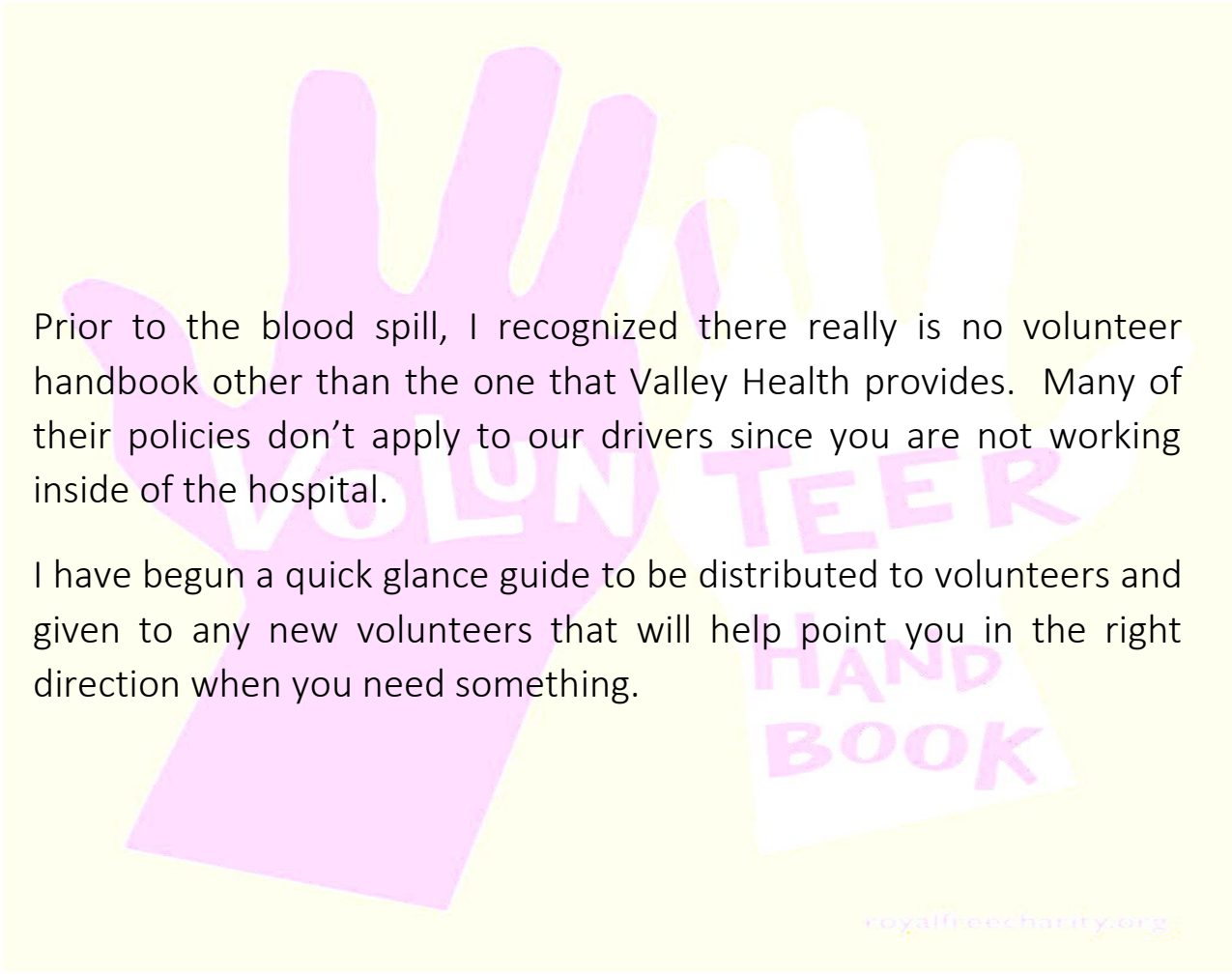
This has never happened before, so there is no policy or protocol in place as what to do if this should happen. As soon as the situation is resolved a protocol will be created and distributed to all volunteers. Stay tuned...



Each fall WHEELS FOR WELLNESS holds a luncheon hosted by Westminster-Canterbury to honor and recognize our volunteers and their amazing efforts. It serves as an opportunity to meet other drivers, the Board, ask any questions, give feedback and enjoy lunch.

Due to the rising number of COVID cases, the Board has decided to cancel the luncheon again in 2022.

I apologize to newer volunteers who have not had the opportunity to attend a luncheon yet, the topic can be revisited again when statistics begin improving.



Prior to the blood spill, I recognized there really is no volunteer handbook other than the one that Valley Health provides. Many of their policies don't apply to our drivers since you are not working inside of the hospital.

I have begun a quick glance guide to be distributed to volunteers and given to any new volunteers that will help point you in the right direction when you need something.

royalfreecharity.org

The Board of Directors recently spent a day creating a new strategic plan with the help of Dr. John Lamanna and Debbie Vance of Timber Ridge School. The goals and vision for the organization have not changed, only been more clearly defined.

The 3-Year Vision:

By December 31, 2024 Wheels for Wellness will be recognized in the community as a vital service with an abundant dedicated volunteer base serving a population in need of transportation to medical appointments, treatment and procedures.

Goals for the next three years include:

- Developing a donor base to sustain services for the next decade
- Recruit additional volunteer drivers and sustain an adequate volunteer base
- Establish positive and productive relationships with the community
- Recruit and maintain a Board with diverse skill sets.



WFW currently does these things, but the Board spent time discussing each of these topics *in depth* and was able to create a plan with specific actions to take to accomplish each of these goals. Our strengths were discussed as well as barriers to overcome. We are all eager to set this plan into motion.

Did you know that August 17 is National Nonprofit Day???



Sherita J. Herring, a renowned speaker, best-selling author, and business strategist, founded National Nonprofit Day to educate, enlighten and empower others to make a difference while acknowledging those in the trenches, impacting lives every day – the Change-Makers of the World!

The Tariff Act of 1894, signed into law on August 17, imposed the first federal income tax on corporations, including exemptions for nonprofit corporations and charitable institutions. With a few modifications, nonprofit exemptions remain a solid part of the law and have served significant benefits for communities and the economy.

The Registrar at National Day Calendar declared National Nonprofit Day to be observed annually in 2017.

Source: <https://nationaldaycalendar.com/national-nonprofit-day-august-17/>

A decorative border at the top of the graphic consists of green, pointed leaves, possibly from a bamboo plant, arranged in a dense, overlapping pattern.

*Thank You
for Volunteering*

“Nothing liberates our greatness like the desire
to help, the desire to serve.”

– Marianne Williamson



- 🍏 June 21, 2022
- 🍏 July 19, 2022
- 🍏 August 16, 2022
- 🍏 September 20, 2022

Every Third Tuesday Our Health Campus

10am – 2 pm

Come learn about our community's resources for healthy living. Our Health partners' clients are eligible to receive a FREE \$5-10 coupon for fresh produce at the Marker-Miller Orchard's booth!

Free Medical and Dental Screenings - Nutritionist Consultations - Fresh Produce and Baked Goods - and More!

See reverse side for more details about produce coupons and community resource groups who are attending.



OUR HEALTH, INC
329 N. Cameron St. Suite 200
Winchester, VA 22601
540-536-1600
www.ourhealthva.org
www.facebook.com/ohwinchester

SNAP Recipients or clients of Our Health partners are eligible to receive a \$10 personal (or \$15 family) voucher toward the purchase of fresh fruits and vegetables from Marker Miller Orchards.

Top of Virginia TRIAD



2022 Fall Festival



TRIAD is a partnership of local law enforcement agencies, seniors, and senior service providers working together to reduce criminal victimization

Learn about current scams, financial trends, self defense, and health info



Thursday, OCT 13

8:30am-1pm

Moose Lodge-215 E Cork St

REGISTRATION-RSVP by 9/26

call 540-667-5770

Ask for City Sheriff's Office

**door prizes*

**lunch provided*



COVID protocols at time of event will be followed-currently MASKS OPTIONAL