

# Month in Review



## A Note from Traci

I know it has been a while since a Month in Review has been published, I apologize. Now that Tablescapes is over and everything in the office is slowing down and returning to normal I am trying to get back on track. Deadlines for other projects have been priority. If you have questions, concerns, ideas or anything else you'd like to see addressed in the newsletter please let me know!



## Did you know?

- The May birthstone is an emerald, which represents success and love, Lily of the Valley is May's birth flower.
- The world's most famous horse race, the Kentucky Derby, is held the 2nd Saturday in May.
- It used to be considered unlucky to be married in May, "Marry in May and you'll rue the day". There's also a Cornish superstition its bad luck to buy a new broom in May and blankets shouldn't be washed in May.
- No US President has ever died in the month of May. In every other month of the year at least one president has died.

Source: <https://www.thefactsite.com/may-facts/>

## Statistics

March

# of transports 355

April

# of transports 393

Number 2024 Transports  
Jan-April 1,371

Dialysis 842  
Cancer Treatment 109  
Medical Appts 420

2023: 3,390  
2022: 1,167  
2021: 1,296  
2020: 1,380  
2019: 3,261  
2018: 2,964  
2017: 3,285  
2016: 2,552  
2015: 2,000

# Wheels for Wellness Month in Review

March/April 2024

## Valley Health Community Partners

### PARTNERS IN COMMUNITY HEALTH

Valley Health's Community Partnership Grant program provides one-year grants totaling \$200,000 to area nonprofit organizations that address critical health needs. This year, Horizon Goodwill Industries is the recipient of Valley Health's top grant award of \$100,000.

"We understand that the health of the community is determined by much more than what goes on inside our hospitals and medical offices," says Jeff Feit, MD, MS, Valley Health's Chief Population and Community Health Officer. "We're excited to partner with community organizations that work together to improve the overall health and well-being of our region."

Horizon Goodwill Industries proposes a mobile Community Health Hub in Winchester to improve health outcomes and access to care. The Community Health Hub's comprehensive approach will emphasize case management, housing support, workforce development, connection to health services and access to basic needs like food and clothing.

"Horizon Goodwill's mission is to remove barriers to social mobility so that everyone has the same chances to attain their desired outcomes no matter where they begin," says David Shuster, president and CEO. "We believe that through this new initiative and the generosity of Valley Health, we move one step closer to making this a reality for many in our community."

Adds Chief Mission Officer Brooke Grossman, "We are excited to bring this proven model of service to Winchester that has been transformative for participants across our four-state territory."

### COMMUNITY PARTNERSHIP GRANT RECIPIENTS

#### \$100,000

- Horizon Goodwill Industries, Inc. (Winchester)
- *Page One on Page Community*  
• *Wheels for Wellness*  
(Winchester)

#### \$25,000

- Mountaineer Community Health Center, Inc. (Paw Paw)
- Winchester Area Temporary Thermal Shelter
- Bread of Life Food Pantry (Woodstock)
- Innovative Community Solutions (Martinsburg)

#### \$10,000

- Concern Hotline (Winchester)
- Hampshire County Pathways
- Literacy Volunteers Winchester Area
- Strength in Peers (New Market)

## Upcoming Events

May 24 International Tiara Day

May 27 Memorial Day

May 30, Winchester City,  
last day of school

May 31 Frederick Co,  
last day of school

June 4 National Cheese Day

June 6 D-Day

June 14 Flag Day

June 20 WV Day

June 21 Father's Day

## WinReady on Demand

Winchester City has a new bus service, WinReady on Demand. The service currently is free, but will be reevaluated as a for-fee service in the future. They operate within the city limits during regular weekday-business hours and will transport to anywhere within city limits.

From their website:

You decide WHEN and WHERE you need to go!

WinReady is a point-to-point service that will pick you up when you need to be picked up and take you where you need to go within the City of Winchester within 30 minutes. You can request or schedule a ride directly from your phone, and WinReady will get you there.

<https://www.winchesterva.gov/Services-Payments/Public-Transit/WinReady>

# Wheels for Wellness Month in Review

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## Volunteers Needed

Georgie Giraffe has been making her rounds, she even made an appearance at Tablescape, to recruit new volunteer drivers.

If you have friends, family, neighbors or acquaintances that may be interested please suggest they check out our website or call me at 540-974-5971.



## Welcome New Volunteers

Although I'm recruiting drivers, we can NEVER have too many, we have welcomed TEN new drivers in 2024 already.

We have had great publicity with two Winchester Star articles this year and I have attended and had the opportunity to speak at many events this year. All of these combined with the community bulletin board in the newspaper and word-of-mouth we have been very fortunate.

Please welcome:

Stuart Mayberry

Eileen Martelli

Sarah O'Fallon

Robert Kaiser

Toni Sloan

Lavonne Beach

Octavia Rodney

Christine Lizer

Rory Mach

|Katherine Thomas



## Wheels for Wellness website

I know the WFW website needs to be updated. I will be working on that as time allows over the next several weeks. If you have suggestions as to what needs to be added or changed, please let me know.

What makes sense to me, doesn't always to someone else who isn't familiar with the program. If there are things you would like to see included please let me know. The same goes for the Facebook page and the month in review. If there are questions you'd like answered or suggestions please send them my way. You can email me at [wheelsforwellness@outlook.com](mailto:wheelsforwellness@outlook.com) and I am always available at 540-974-5971.



# Wheels for Wellness Month in Review

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## Tablescapes 2024

Wheels for Wellness 8th annual fundraiser, Tablescapes, was a huge success this year!. For new volunteers who aren't familiar. There are so many nonprofits in the area it is hard to find a fundraiser that doesn't overlap the efforts of other organizations. There is no other fundraiser in the area of this type. It is a showcase of fine dining and entertaining. Approximately 25 dining tables are set with elaborate, creative and imaginative dinner tables. Ranging from formal and set with antique china and family heirlooms; whimsical and fun with Caribbean flair; exotic with a huge peacock centerpiece or china that tells a story like Disney china purchased at Disney Tokyo while the decorator was living in Japan with her military husband. There are also children's tables, displays, demonstrations such as floral arranging, live music by harper Allen Dec, a raffle, a huge silent auction filled with high-end items. This years thrillers were a bottle of Pappy Van Winkle Bourbon donated by Brian Wilkins of Wilkins Insurance and a beautiful diamond and ruby necklace donated by Diane Ruckman of Ruckman Jewelry. With the help of sponsors, ticket sales, the raffle and silent auction and donations the event netted over \$27,000 for the organization.



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Richard and Diane Ruckman



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Betsy and Jonathan Bellingham

Dr. Jack and Jane McAllister



# Tablescapes 2024

please welcome this years decorators...

Tricia Simpson	Debbie Godlove
Diane Ruckman	Fran Jeffries
Traci Toth	Nan Yancey
Patty Taylor	Carol Carroll
RoseAnna Fisher	Helen Lake
Mondy Perry	Fabiola Hutchins
Tami Bellotte	Lisa Sheppard
Betty Sparrow	Teri Gordon
Sue Spangler	Anne Fedler
Carol Rogers	Wendy Stark
Steve Kisner	Marsha Barley
Dawn Devine	Michael Biddy
Eileen Martelli	Scott Davis
	Lee Braithwaite



## Our Health: Healthy Living Events

Our Health's Healthy Living Events for summer 2024 have returned. Information and dates are below. If you transport clients that you believe could benefit please let them know about it. If you are in town on these days and would like to know more about any of the participating agencies you are also welcome to take part. Or to take advantage of the fresh fruit and vegetables that Marker-Miller Orchards has for sale on the green that day. I always walk away with something delicious.

This event is located on the greenspace on the Our Health campus where the WFW office is located. WFW does not participate, because we regularly receive a substantial number of new client applications without actively recruiting new applicants. Actively recruiting additional volunteers is priority to help build a solid volunteer base to handle new clientele without stretching our resources too thin.



🍏 June 18, 2024

🍏 July 16, 2024

🍏 August 20, 2024

🍏 September 17, 2024

*Every Third Tuesday Our Health Campus*

**10am – 2 pm**

**Come learn about our community's resources for healthy living. Our Health partners' clients are eligible to receive a FREE \$10-\$15 coupon for fresh produce at the Richard's Fruit Market booth!**

**Free Medical and Dental Screenings - Nutritionist Consultations - Fresh Produce and Baked Goods - and More!**

*See reverse side for more details about produce coupons and community resource groups who are attending.*



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[www.ourhealthva.org](http://www.ourhealthva.org)

[www.facebook.com/ohwinchester](https://www.facebook.com/ohwinchester)