

Month in Review

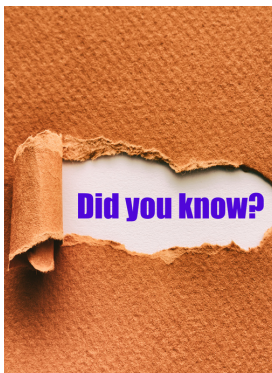


Month in Review



A new month and new look for the month in review! I hope you find this layout easy to read and full of helpful information.

If you ever have questions that can be addressed/answered in the review, content you'd like to see, topics to learn more about, etc. please let Traci know!



Did you know?...

- Gen X and Baby Boomers are some of the most active volunteers
- The US has over 1.8 million active nonprofits
- Older volunteers in the US experienced a 44% lower mortality rate than those who did not volunteer
- Volunteering leads to an 8.54% increase in mental health

Source: <https://techjury.net/blog/volunteering-statistics/#gref>

Stats

September

of transports 164

mileage 3,863

volunteer hours 179.75

Number 2022 Transports:
1,189

Number of Clients YTD:
64

New Client Applications
in 2022: 54

Approved new client
applications in 2022: 51

Month in Review

In Memory

WFW Volunteer
Mary Buehler 8/15/22

WFW Clients
Nora Drinkwater 9/10/22
Sarah Blanton 9/12/22



Upcoming Events

October 11-12
Amazon Prime Day
shop Amazon Smile!

October 13
Top of VA Triad Senior
Resource Fair

October 21-22
Valley Glasshoppers Fall
Show and Sale

November 17
Lake Frederick Volunteer Fair

November 24
Thanksgiving

November 28
Old Town Winchester
Christmas Parade & Tree
Lighting

November 29
Giving Tuesday

now through December 17
Annual Fall Gas Raffle



What is our name?

Over the past several months, it has been brought to my attention on a few different occasions there is some confusion as to what our name is...is it Wheels for Wellness? Faith in Action? or something else???

The name Faith in Action was unclear as to what our mission is and what service is provided. Phone calls for rent assistance, diapers, rides to the grocery store or liquor store, help paying a cell phone bill, etc....were regularly received.

In January 2020 the Board of Directors voted to alter the name to include and do business as Wheels for Wellness.

Our legal registered name is Winchester-Frederick-Clarke Faith in Action doing business as Wheels for Wellness.

Wheels for Wellness Month in Review

September 2022

Covid Update

As of today, on the CDC website, Frederick Co, VA is listed as **MEDIUM**

Medium

In **Frederick County, Virginia**, community level is **Medium**.

- If you are [at high risk for severe illness](#), talk to your healthcare provider about whether you need to wear a mask and take other precautions
- Stay [up to date](#) with COVID-19 vaccines
- [Get tested](#) if you have symptoms

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

Amazon Smile



Do you shop Amazon? If so, shop Amazon Smile and Amazon will make a donation to the charity of your choice, no cost to you! Prime days are coming October 11-12, great time to begin Christmas shopping!

Visit www.smile.amazon.com for more information.

Select Winchester-Frederick-Clarke Faith in Action

Wheels for Wellness Office

Since volunteers are in the field and not based out of an office, most of you have never been to or seen the Wheels for Wellness office.

It's located on the Our Health Campus on Cameron Street in Winchester on the 2nd floor of the Shockey Building.



The photo above is the WFW office, all 95 square feet of it. We do everything we can to keep operating costs to a minimum, which includes maintaining a small office.

Traci works out of this office, Mike works exclusively from home.

You are welcome to come by anytime.
301 N. Cameron Street, Winchester, VA 22601

Month in Review

Top of Virginia TRIAD

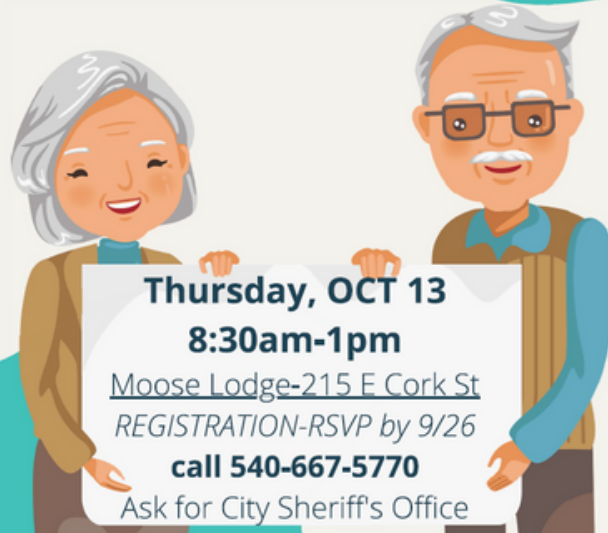


2022 Fall Festival



TRIAD is a partnership of local law enforcement agencies, seniors, and senior service providers working together to reduce criminal victimization

Learn about current scams, financial trends, self defense, and health info



**Thursday, OCT 13
8:30am-1pm**

Moose Lodge-215 E Cork St
REGISTRATION-RSVP by 9/26
call 540-667-5770
Ask for City Sheriff's Office

**door prizes*

**lunch provided*

COVID protocols at time of event will be followed-currently MASKS OPTIONAL

Depression Glass • Elegant • Kitchen • Cut • Carnival • EAPG

VALLEY GLASSHOPPER

For info: valleyglasshoppers@yahoo.com

Fall 2022 Glass Show & Sale

Friday October 21st - 5pm to 9pm

Saturday October 22nd - 10am to 3pm

Large Club Display

Over 100 Tables Of American Glassware Offered For Sale

Contact Co-Chairs For More Info

Jim Coverston: 540-622-4921

Rosie Fisher: 540-514-6976

1309 Opequon Ave, Winchester, VA 22601

\$5 Donation at the door

Snack Bar Available

Directions: I-81 Take Exit 313 To 50 West, Right On Pleasant Valley, Follow Signs

Vintage Antiques • Jewelry • Toys • Pottery • Etc



Month in Review

Annual GAS RATTLE

Who wouldn't LOVE to WIN \$500 in gas???



1st Prize: \$500 Exxon/Mobil gift card
Compliments of HN Funkhouser

2nd Prize: \$75 Mastercard
Gift Card AND \$50 Food
and Laughs gift card
Compliments of First Bank and
John & Ann Lamanna



3rd Prize: \$50 Exxon/Mobil gift card
Compliments of John & Ann Lamanna

Tickets \$5 each or 5 for \$20

Available at www.Wheels4Wellness.org or call 540-536-1006

Drawing Saturday, December 17 at noon



Benefitting: Wheels for Wellness

Wheels for Wellness is a 501c3 nonprofit that provides door-to-door transportation to medical appointments and treatment for those in the region lacking other means of transportation.

EIN 26-2937544

